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- 1. A guard for a digit of a hand, comprising:
- 5 a body:
 - a protective portion of the body configured to be penetration resistant; and
 - a less protective portion of the body adjacent to the protective portion;
 - wherein the protective portion is of a different color than the less protective portion.

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- 2. The guard of claim 1, wherein a color of the protective portion is visually distinct from a color of the less protective portion.
- 3. The guard of claim 1, wherein an end of the body is shaped so that a portion of a pad of the digit remains uncovered by the body during use in order for the digit to retain the ability to register tactile sensations.
- 4. The guard of claim 1, wherein the protective portion comprises poly-paraphenylene terephthalamide.
- 5. The guard of claim 1, wherein the productive portion comprises polytetrafluoroethylene.
- 6. The guard of claim 1, wherein the protective portion comprises an elastomeric material.
 - 7. The guard of claim 1, wherein the less protective portion is adapted to provide at least four times the penetration resistance to a 27-gauge needle during use than a double layer of latex gloves, each glove having a thickness between about 0.05 millimeters and 0.2 millimeters.

- 8. The guard of claim 1, wherein a portion of the body is shaped to avoid covering a portion of a medial joint to allow the digit the ability to flex during use.
- 9. The guard of claim 1, wherein the body covers a substantial portion of a medial joint of the digit, and wherein the protective section and the less protective section are flexible to allow the digit to flex during use.
 - 10. The guard of claim 1, further comprising a lip at an end of the body, the lip configured to provide an indicator of an insertion depth of the body on the digit.
 - 11. The guard of claim 1, wherein the color of the protective portion is visible through a covering worn over the body.
 - 12. The guard of claim 1, wherein the protective portion is substantially transparent.
 - 13. The guard of claim 1, wherein the less protective portion is substantially transparent.
 - 14. The guard of claim 1, wherein the body comprises a distal portion.
 - 15. The guard of claim 14, wherein the distal portion includes the protective portion.
 - 16. The guard of claim 14, wherein the distal portion is configured to contact a distal portion of the digit during use.
 - 17. The guard of claim 1, further comprising a bead of material formed between the protective portion and the less protective portion.
- 18. The guard of claim 1, wherein the protective portion has a longer length than a length of the less protective portion.

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- 19. The guard of claim 1, wherein the protective portion has an angular range between about $\pi/2$ radians and about $7\pi/4$ radians.
- 20. The guard of claim 1, wherein the protective portion has an angular range of about $5\pi/4$ radians.
- 21. A guard for a digit of a hand, comprising:

a body having an opening in an end configured to allow a portion of a pad of the digit to remain uncovered by the guard during use;

wherein the body comprises a protective portion having a puncture resistance to a 20-gauge needle of at least about 2 newtons; and

wherein a color of the protective portion contrasts with a color of skin of the digit.

- 22. The guard of claim 21, further comprising a less protective portion, the less protective portion configured to hold the guard on the digit.
- 23. The guard of claim 22, further comprising a bead of material between the protective portion and the less protective portion.
- 20 24. The guard of claim 21, further comprising a less protective portion, the less protective portion having a color visually distinct from the color of the protective portion.
 - 25. The guard of claim 21, further comprising a lip at an end of the body, the lip configured to provide an indicator of an insertion depth of the body on the digit.
 - 26. The guard of claim 21, wherein the color of the protective portion is visible through a covering worn over the body.
- A method of producing a protective guard for a digit of a hand, comprising:forming a protective portion that covers a portion of the digit; and

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coloring the protective portion so that the protective portion contrasts with a color of the digit.

- 28. The method of claim 27, further comprising:
- forming a less protective portion; and

bonding the protective portion and the less protective portion together to form a body positionable on the digit.

- 29. The method of claim 28, further comprising forming an indentation in an end of the body that allows a portion of a pad of the digit to remain uncovered during use.
 - 30. The method of claim 28, further comprising forming an indentation in an end of the body that permits bending of a medial joint of the digit.
 - 31. The method of claim 27, further comprising forming a lip at an end of the protective section, the lip configured to provide an indication of insertion depth of the protective portion on the digit.
 - 32. A method of protecting a digit from penetration during a surgical procedure, comprising:

covering a portion of the digit with a protective guard; and
positioning a protective portion over part of a back portion of the digit, wherein
the protective portion comprises a color that is visibly distinct from a color of the digit.

- 25 33. The method of claim 21, wherein the protective guard includes a less protective portion, the less protective portion comprising a color that is visibly distinct from the color of the protective portion.
- 34. The method of claim 22, further comprising rotating the protective guard during
 30 use to change a position of the protective portion of the protective guard to a different portion of the digit.

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- 35. A guard for a digit of a hand, comprising:
 - a body;
 - a protective portion of the body configured to be penetration resistant; and
 - a less protective portion of the body adjacent to the protective portion.